



Medical Microdermabrasion plus Sonophoresis

Medical Microdermabrasion plus Sonophoresis is a fast and safe method that removes the outer layer of skin revealing new skin underneath. It accelerates clearing of blemishes and superficial undesirable lesions. It enhances the effectiveness of Photorejuvenation and improves penetration of Bio-Active topical agents. To obtain the best results & minimize risk of complications please use the following guidelines (also available on line @www.renulaserspa.com):

Preparation for your Medical Microdermabrasion plus Sonophoresis:

- Discontinue the use of any topical Vitamin A retinoids for 3 days before your treatment (including Trilyte, Multi-tasking crème, A-liminate and Obagi Tretinoin .05% or .1%). You may resume using these products once the skin is no longer red or sensitive.
- Discontinue Aspirin, Motrin-like medications for 4 days before a treatment. Accutane® must be discontinued for a minimum of 3 months prior to treatment.
- Remove any make-up from the treatment area. You may reapply afterwards.
- Avoid sun-exposure or tanning before and after your treatments as this will produce blotchiness and increase risk of complications. If desired, consider topical self-tanning creams after your series of treatments are completed.
- If you frequently get cold sores, take a Valtrex 500mg tablet by mouth twice a day on the day of & after your procedure.

Post-treatment care:

- Commitment to Rènu Rx Age-Defying Skin Care program: To minimize complications and optimize effectiveness of Medical Microdermabrasion, you must consistently use your skin care program between treatments. We strongly recommend this skin care program afterwards to maintain the benefits of your treatments.
- Skin irritation such as tingling, mild redness and minimal swelling (like a mild sunburn) is common after Medical Microdermabrasion. This usually only last a few hours. If desired, apply an ice pack immediately afterwards. You may use topical hydrocortisone ointment 3 times a day, and take ibuprofen or Tylenol® for discomfort.
- Avoid sun exposure to the area for one week to minimize the risk of skin pigment changes. Keep the area covered with clothing and use a complete sun block. . Our staff can help you select the appropriate sun block for your skin type and condition. Rarely skin pigment changes occur, either lighter or darker, and will usually resolve within a few months. If desired skin bleaching creams can be purchased.
- Flaking or dryness is common and should regress within one week. Do not pick loose or exfoliating skin as this may cause hyperpigmentation. Do not use scrubs or loofahs. Use your recommended moisturizer instead.
- Follow-up appointments for Medical Microdermabrasion plus Sonophoresis should be 1 to 2 weeks apart.

Pre-Payment:

We require payment in full for all cosmetic procedures at the time of scheduling each treatment or treatment series. Payments are non-refundable.

Please call us toll-free (866) 966-RÈNU if you need to reschedule your appointment. Please be advised that we have a 24-hour cancellation policy for all services. A \$25 fee will be charged for a missed appointment.