



R È N U
Age-defying LaserSpa

Renu Customized Peels

Rènu Customized Peels fade brown spots, soften superficial lines, smooth rough skin texture and assist in clearing acne blemishes. This results in smooth, radiant, glowing skin. To obtain the best results and minimize the risk of complications please use the following guidelines (also available online @www.renulaserspa.com):

Preparation for your Rènu Customized Peels:

- Discontinue the use of any topical Vitamin A retinoids for 3 days before your treatment (including Trilyte, Multi-tasking crème, A-liminate and Obagi Tretinoin .05% or .1%). You may resume using these products once the skin is no longer red or sensitive. Accutane® must be discontinued for a minimum of 3 months prior to treatment. Depilatory creams should be discontinued 7 days before and after a customized peel.
- Remove any make-up from the treatment area. You may apply a mineral makeup afterwards.
- Avoid sun-exposure or tanning 7 days before and after your treatments as this will produce pigmentation and increase the risk of complications. Consider using a mineral-based bronzing powder after your treatments.
- If you frequently get cold sores, take a Valtrex 500mg tablet by mouth twice a day on the day of & after your procedure.

Post-treatment care:

- Commitment to Rènu Rx Age-Defying Skin Care program: To minimize complications and optimize effectiveness, you must consistently use your skin care program between treatments. We strongly recommend this skin care program afterwards to maintain the benefits of your treatments.
- Skin irritation such as tingling, mild redness and minimal swelling (like a mild sunburn) is common after Customized Peels. This usually only lasts a few hours. If desired, apply an ice pack immediately afterwards. You may use topical hydrocortisone ointment 3 times a day, and take ibuprofen or Tylenol® for discomfort.
- Avoid sun exposure to the area the week before and the week after your peel to minimize the risk of skin pigment changes. Keep the area covered with clothing and use a complete sun block. Our staff can help you select the appropriate sun block for your skin type and condition. Rarely skin pigment changes occur, either lighter or darker, and will usually resolve within a few months. If desired, Renu Rx prescription skin bleaching creams can be purchased.
- Avoid excessive heat, exercise, hot showers and swimming for 48 hours as internal heat can cause hyperpigmentation.
- Flaking or dryness is common and should regress within one week. Do not pick loose or exfoliating skin as this may cause hyperpigmentation. Do not use scrubs or loofahs. Use your recommended moisturizer instead.
- Botox, Restylane and waxing should be postponed for 5 days after a Customized Peel. Please inform your esthetician prior to waxing if you are using any topical Vitamin A retinoids.
- Additional Customized Peels should be scheduled 2 to 4 weeks apart.

Pre-Payment:

We require payment in full for all cosmetic procedures at the time of scheduling each treatment or treatment series. Payments are non-refundable.

Please call us toll-free (866) 966-RENU if you need to reschedule your appointment. Please be advised that we have a 24-hour cancellation policy for all services. A \$25 fee will be charged for a missed appointment.

26 June 2008